

FEBRUARY MENU

BASIC BOX CONTENTS					
QTY	AMT	DESCRIPTION	QTY	AMT	DESCRIPTION
1	1.5 lb.	Top Sirloin Steaks (4 x 6 oz.)	1	1 lb.	Rice
1	1.5 lb.	Boneless Pork Roast	1	1 lb.	Pasta
1	2 lb.	IQF Boneless/Skinless Chicken Breast	1	28 oz.	Pasta Sauce
1	2 lb.	Lasagna with Meat Sauce	1	1 lb.	Fresh Carrots
1	1.5 lb.	Fully Cooked Boneless Chicken Drumsticks	1	4 ct.	Large Baking Potatoes
1	1 lb.	Lean Ground Beef	1	32 oz.	2% Shelf Stable Milk
1	1 lb.	Frozen Baby Limas	1	1 doz.	Eggs
1	1 lb.	Frozen Green Beans	1		Dessert
1	1 lb.	Broccoli Florets			

PRICING LIST

Item	Price	Qty	=	Total
Basic Box – Includes all menu items outlined above price and includes \$1.00 to cover cost of packing supplies	\$31.00		=	\$
SPECIAL #1: 6.5 lb. Assorted Meat Grill Box 1.5 lb. T-Bone Steaks (2 x 12 oz.); 2 lb. Boneless Pork Chops (4 x 8 oz.); 1.5 lb. Lean Hamburger Patties (4 x 6 oz.); 1.5 lb. Mild Italian Sausage Links with Cheese	\$23.00		=	\$
SPECIAL #2: 5 lb. Assorted Meat & Chicken Combo 1.5 lb. Kansas City Strips (2 x 12 oz.); 1.5 lb. Prime Rib Steak (2 x 12 oz.); 2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)	\$22.00		=	\$
SPECIAL #3: Stuffed Chicken Variety Pack 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.); 1.5 lb. Broccoli & Cheese (4 x 6 oz.); 1.5 lb. Chicken Kiev (4 x 6 oz.)	\$18.00		=	\$
SPECIAL # 4: Super Value Fajita Kit (5+ lbs.) 2 lb. Steak Fajita Strip Packs (2 x 1 lb.); 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.); 1 lb. Onions & Bell Peppers; 20 ct. 8" Flour Tortillas	\$21.00		=	\$
SPECIAL # 5: Premium Fresh Fruit and Veggie Box 3 lbs. Tree-Ripened Oranges; 2 lbs. Premium Red Delicious Apples; 1 lb. New Crop Chilean Plums; 4 Washington State Anjou Pears; 4 Washington State Fuji Apples; 4 Tree Ripened Tangerines; 2 Tree Ripened Red Grapefruit; 6 pack 1 oz. Boxes Premium Sun Dried Raisins; 3 lbs. Premium Red A-Size Potatoes; 2 lbs. Premium Yellow Onions; 1 head Premium Leafy Green Cabbage; 1 lb. Premium Whole-Peeled Baby Carrots; 1 lb. Dried Pinto Beans; AFM February 2010 Fruit and Veggie Recipe Sheet	\$22.00		=	\$
SENIOR AND CONVENIENCE BOX: <i>All ten individual meals are fully cooked and labeled complete w/heating instructions. Each meal has no added sodium, is low in fat, and is nutritionally balanced for seniors w/ 3 oz. of protein, 2 vegetables or fruit, & a starch.</i> Chicken Parmesan with Brussels sprouts & zucchini; Charbroiled Beef Patty with mashed potatoes, carrots & corn blend; Macaroni & Beef with noodles, carrots & zucchini blend; Lemon Pepper Fish with rice, peas & zucchini blend; Mesquite Chicken with rice, carrots & green beans; Spaghetti & Meatballs with corn, peas & carrots; Boneless Pork Patty with roasted sweet potatoes, sugar snap peas & broccoli/cauliflower; Cheese Manicotti with green beans, peas & carrots; Chicken & Rice with Mushroom Sauce, green beans, corn blend; Macaroni & Cheese with broccoli & lima beans; Desserts: Assorted Cookies, Mixed Fruit Cup, Fig Bar, Strawberry Applesauce, Grape Juice, Apple Juice	\$28.00		=	\$
ALLERGEN-FREE FOOD BOX: <i>Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!</i> 1 lb. Breaded Chicken Fillet Patties; 1 lb. Breaded Chicken Tenders; 1 lb. Breaded Chicken Nuggets; 1 lb. Breaded Steak Fingers; 1 lb. Breaded Chicken Wings <i>Battered with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breaded with white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.</i>	\$23.00		=	\$
6 LB. SEAFOOD PACK <i>Six pounds of the finest quality seafood assortment available.</i> 2 lbs. Alaskan Snow Crab Legs; 1 lb. Large EZ Peel Shrimp; 2 lbs. Oven Ready Popcorn Shrimp; 1 lb. Stuffed Crab in Natural Shell (8 ct.)	\$35.00		=	\$
<input type="checkbox"/> My Purchase is a tax-deductible donation. Donation Amount: <i>If this purchase is considered a tax-deductible donation, please save this form for your records.</i>	\$_____		TOTAL	\$

See Back for Order Form and Purchase Instructions.

NAME: _____

ANGEL FOOD MINISTRY ORDER FORM

Name: _____ Phone Number: _____
 Address: _____ City, State, Zip: _____
 Email Address: _____ Is this your first to time order? _____

ITEM	PRICE		QTY	=	SUBTOTAL
Basic Box	\$31.00 Each	X		=	\$
Special # 1	\$23.00 Each	X		=	\$
Special # 2	\$22.00 Each	X		=	\$
Special # 3	\$18.00 Each	X		=	\$
Special # 4	\$21.00 Each	X		=	\$
Special # 5	\$22.00 Each	X		=	\$
Senior Box	\$28.00 Each	X		=	\$
Allergen –Free Box	\$23.00 Each	X		=	\$
Seafood Box	\$35.00 Each	X		=	\$
<input type="checkbox"/> This is a tax-deductible donation – Donation Amount:					\$
GRAND TOTAL					\$

February
2010

PAYMENT METHOD
Cash <input type="checkbox"/>
Check <input type="checkbox"/>
Check Number:

<h2>IMPORTANT DATES</h2> <p>Order Deadline: Sunday, February 14, 2010</p> <p>Food Distribution Day:</p> <p>Date: Saturday, February 27, 2010 Time: 9:00am – 11:00am Place: Parking Lot of Living Word Lutheran Church 3700 S. Mason Road at Westheimer Parkway</p>

INSTRUCTIONS: Please submit your completed Angel Food Ministry Order Form and payment to one of the following locations.

Living Word Lutheran Church
 3700 S. Mason Rd at Westheimer Pkwy
 Monday – Friday 9am-5pm
 Payment Method: Cash or Check
 No Debit/Credit Card
 (Make checks payable to Living Word)
MUST HAVE EXACT CHANGE AT THIS LOCATION

My Big Sister’s Upscale Resale
 939 South Mason Road (near Big Lots)
 Monday - Friday 10am-6pm
 Saturday 10am-5pm
 Payment Method: Cash or Check
 No Debit/Credit Card
 (Make checks payable to Living Word)

First United Methodist Church
 8201 Harris, Fulshear, TX 77441
 Monday-Thursday 9am-4:30pm
 Friday 9am-12noon
 Payment Method: Cash or Check
 No Debit/Credit Card
 (Make check payable to Living Word)
MUST HAVE EXACT CHANGE AT THIS LOCATION

CrossPoint Community Church
 700 S. Westgreen
 Monday-Friday 9:00-4:00
 Payment method: cash or check
 No debit or credit card
 (make checks payable to Living Word)
 Must have exact change at this location.

- Paid receipts are required to pick up your order
- Boxes will be provided by Living Word Lutheran Church for pick up
- Food must be picked up by 11am on Saturday, February 27, 2010. No refunds or credits will be issued on unclaimed food.
- Food unclaimed by 11am will be donated to a local family in need.
- Phone or mail orders will not be accepted
- Angel Food Ministries reserves the right to substitute food items due to availability, quantity and cost.
- All sales are final.
- For more information on Angel Food Ministries, please visit: www.angelfoodministries.com

**YOU CAN NOW ORDER ANGEL FOOD ONLINE!
 VISIT WWW.ANGELFOODMINISTRIES.COM**